

# Oxygen Holiday Travel and Check List

## Before you book your holiday

Have you checked with your Doctor that you are well enough to travel?

## Once you have decided where you would like to stay

Is the holiday accommodation suitable for you and will it have reasonable access for the provider of your oxygen who needs to deliver and collect any equipment?

Do you have permission from the owner of the place where you are staying to have any oxygen products delivered and installed prior to your arrival and stored for the duration of your stay?

Do you have a contact name and telephone number at your holiday accommodation for the person who will be available to take delivery of the equipment from the oxygen provider prior to your arrival at your holiday accommodation?

Have you discussed with your Doctor or Healthcare Professional any requirement that you may have for additional portable oxygen supplies while you are at your holiday destination?

Always take a copy of your prescriptions with you and any other accessories you might require.

## Once you have decided how you will travel to your chosen destination

Have you discussed with your Doctor or Healthcare Professional any requirement that you may have for additional portable oxygen supplies for travelling to and from your holiday destination?

Don't forget to make allowances for any delays you may encounter.

## If travelling by car

Have you informed the provider of the car insurance you will be transporting a small volume of oxygen for your own use and/or your concentrator?

Have you made sure the oxygen equipment you are transporting can be secured safely during the journey?  
See patient manual for instructions.

## If travelling by train, bus or coach

Have you checked with the company in advance to make sure they are aware you will be travelling with medical oxygen provided to you as part of your medical treatment and also to make sure they are happy to have oxygen on board?

You should also check they will be able to provide you with any assistance you may require.

## If travelling by plane

Have you contacted the airline to discuss your oxygen requirements with them?

Remember to check they will provide you with any assistance you may require while at the airport or during the flight.

Have you made any arrangements to have an oxygen supply if you need one while you are at the airport?

Have you asked your Doctor or Healthcare Professional for a letter that gives details of your condition and any medication that you may need?

REMEMBER to take this letter with you in your hand luggage.

If you are bringing a portable or transportable oxygen concentrator be sure to advise the airline in advance of serial numbers of the device and batteries.

If you are travelling abroad, have you made private arrangements for the supply of oxygen while you are at your destination?

**NOTE:** You may have to pay for the oxygen provided.

## If travelling by ferry or taking a cruise

Have you checked with the company in advance to make sure they are aware you will be travelling with medical oxygen provided to you as part of your medical treatment and also to make sure they are happy to have oxygen on board?

You should also check they will be able to provide you with any assistance you may require.

Do you need to arrange to supply your own equipment and portable oxygen supply?

**NOTE:** There are charges associated with service outside of the Ireland.

**We shall not be liable for any use, support or maintenance of equipment whilst it is outside Ireland.**

## Arranging your holiday supply

Have you discussed your holiday oxygen requirements with your Doctor or Healthcare Professional and ensured they have completed a HOOF (Home Oxygen Order Form)?

REMEMBER: Take the information about your holiday with you when you see your Doctor or Healthcare Professional.

Have you checked the details of your travel insurance policy?

Have you got a valid European Health Insurance Card (EHIC)?

## Holidaying in Ireland

If you are travelling within Ireland we can help arrange delivery of an oxygen concentrator or cylinders.

To arrange this please contact the helpline 2-3 weeks in advance. Some additional costs may require HSE approval.

## Travelling in the EU

Please note that countries in the EU have different levels of patient support.

## Travelling to the UK

If you need oxygen while you are travelling to the UK, Air Liquide (Homecare) in the UK may be able to provide a private holiday oxygen service, you can contact them as follows:

By E-mail: [patientsupport@airliquidehomehealth.co.uk](mailto:patientsupport@airliquidehomehealth.co.uk)

Telephone: **+44 (0)330 123 5469**

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**Contact our Customer Service Team on 1850 24 02 02 / 01 8091800 for advice.**

## Enjoy your holiday

**For more information please contact us at:**

Air Liquide Healthcare, 18H Rosemount Business Park, Ballycoolin, Dublin 11 EFR5.

Tel: **+353 (0)1 809 1800** LoCall: **1850 240202** (ROI only) Freephone: **0800 328 5875** (NI only)

Fax: **+353 (0)1 829 3966** Email: [healthie@airliquide.ie](mailto:healthie@airliquide.ie) Website: [www.ie.airliquide.com](http://www.ie.airliquide.com)